



# WEEKLY TRAINING SCHEDULE

LOCATION	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Palace of Art Bellahouston	4pm - 5pm	Position Specific Training (1-2-1's)				Position Specific Training (1-2-1's)			
	5pm - 6pm	Position Specific Training (1-2-1's)				Position Specific Training (1-2-1's)			
Jordanhill School	5pm - 6pm		Position Specific Training (1-2-1's)		Position Specific Training (1-2-1's)				
	6.10pm - 7.15pm		Mini Kickers		Mini Kickers				
		Fun 4s		Fun 4s					
		5 - a - side		5 - a - side					
		7 - a - side		7 - a - side					
		9 - a - side		9 - a - side					
		11 - a - side		11 - a - side					
Woodlands	9am - 10am						Position Specific Training (1-2-1's)		
	9.15am - 10am						Tiny Tekkers		
	10am - 11am							Position Specific Training (1-2-1's)	
		Mini Kickers						Mini Kickers	
		Fun 4s						Fun 4s	
	11am - 12pm							Futsal	
		Position Specific Training (1-2-1's)						Position Specific Training (1-2-1's)	
		Futsal						Futsal	
Team Training						Team Training			
Scotstoun	10am - 11am							Position Specific Training (1-2-1's)	
	11am - 12pm							Position Specific Training (1-2-1's)	
	12pm - 1pm							Position Specific Training (1-2-1's)	
	1pm - 2pm							Position Specific Training (1-2-1's)	
	2pm - 3pm							Position Specific Training (1-2-1's)	